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**School Wellness Issue Action Group Minutes**

**Meeting Date: October 20, 2016**

***Present:*** *Kathy Glomski, Shara Jamierson, Angela Stewart, Anna Rodgers, Paul Yettaw, Joyce Barry, Brittney Reaper, Don Schills, Danni Heddinger*

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| Time | Agenda Item & Discussion Notes | Decisions/Next Steps |
| 4:12 p.m. | 1. **Welcome & Introductions**
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| 4:12 p.m. | 1. **Review of May Meeting Minutes**
* Approval of the meeting minutes.
* The motion carried.
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| 4:05 p.m. | 1. **Review of Action Items & Progress**
* None to review
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| 4:13 p.m. | 1. **History of the School Wellness IAG**
* One of the first groups formed with the Regional Health Alliance in 1999
* Access to Care for children added school nurses to schools
* Other areas of concern came out of the School Wellness teams
* Different training and topics were a part of the team
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| 4:16 p.m. | 1. **School Wellness Program Update**
* Kellogg Foundation awarded a grant and are looking for specific data and results
	+ Sustainability
	+ What will we measure? And how will we show our funders?
	+ Partner with CISD and GSRP and be respectful of their programs but communicating with the school nurses
	+ First consultation with a National consultant 10/21/16
	+ What are other models in Michigan and how do they staff?
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| 4:21 p.m.  | 1. **Operation Fit 2016/2017**
	* Mileage Club Update & Application
		+ 22 schools are a part of mileage Club
		+ All 22 schools will be using a lap tracking scanner instead of cards
	* Progress of full program
		+ Morning Movement
			- Kids all meet in a common area and do a stretching, cardio, and breathing routine before they head into school.
			- Gym teachers are in charge of Morning Movement
* Active Recess
	+ Give noon supervisors training to help assist in the implementation of recess rules
	+ Implementing Active Discipline
	+ Create areas on the playground for the kids to be active in
	+ Partnering with SnapEd and Parks and Rec to be a resource
* Lunchroom Culture
	+ Offering table caddies
	+ Changing the look of the lunchroom
* Supporting the schools anyway we can
	+ Traveling trophy
	+ Being at events
	+ Coordinating fun runs
	+ Newsletters for teachers
	+ Videos for classrooms to use for Morning Movement and Brain Breaks
	+ Volunteer Events
* 6 of 8 schools qualified for a Building Healthier Communities Grant
* Applying for the Rover Wood Johnson Foundation Culture of Health Prize
* Data Collection through Pacers, BMI, Attendance/Behavior through CISD
 | **Hughes and Walters would like a Mileage Club presentation at the school prior to Mileage Club kicking off in the spring.** **BCCF/OF will contact with dates closer to Mileage Club start.**  |
| 4:46 p.m. | 1. **Strategy Development Discussion**
* Track shared data
	+ Attendance Matters
	+ Compare BMI
* Nutrition
	+ Kids eating healthier to serve healthier food
	+ Taste testing?
	+ Kids choosing healthier options
	+ Farm to Table initiatives
	+ Going beyond National Standard
		- * Shared Menus
* Recruiting
	+ Admin
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|  | 1. **Determine Priorities/Items for Next Meeting**
	* **Possible October Topic Discussion**
 | **Will follow up with topics.** |
| 5:07 p.m. | 1. **Adjourn**
 | Next Meeting: **Thursday, December 15, 2016 4-5 p.m. BCCF Community Room** |