`

**School Wellness Issue Action Group Minutes**

**Meeting Date: October 20, 2016**

***Present:*** *Kathy Glomski, Shara Jamierson, Angela Stewart, Anna Rodgers, Paul Yettaw, Joyce Barry, Brittney Reaper, Don Schills, Danni Heddinger*

|  |  |  |
| --- | --- | --- |
| Time | Agenda Item & Discussion Notes | Decisions/Next Steps |
| 4:12 p.m. | 1. **Welcome & Introductions** |  |
| 4:12 p.m. | 1. **Review of May Meeting Minutes**  * Approval of the meeting minutes. * The motion carried. |  |
| 4:05 p.m. | 1. **Review of Action Items & Progress**  * None to review |  |
| 4:13 p.m. | 1. **History of the School Wellness IAG**  * One of the first groups formed with the Regional Health Alliance in 1999 * Access to Care for children added school nurses to schools * Other areas of concern came out of the School Wellness teams * Different training and topics were a part of the team |  |
| 4:16 p.m. | 1. **School Wellness Program Update**  * Kellogg Foundation awarded a grant and are looking for specific data and results   + Sustainability   + What will we measure? And how will we show our funders?   + Partner with CISD and GSRP and be respectful of their programs but communicating with the school nurses   + First consultation with a National consultant 10/21/16   + What are other models in Michigan and how do they staff? |  |
| 4:21 p.m. | 1. **Operation Fit 2016/2017**    * Mileage Club Update & Application      + 22 schools are a part of mileage Club      + All 22 schools will be using a lap tracking scanner instead of cards    * Progress of full program      + Morning Movement        - Kids all meet in a common area and do a stretching, cardio, and breathing routine before they head into school.        - Gym teachers are in charge of Morning Movement  * Active Recess   + Give noon supervisors training to help assist in the implementation of recess rules   + Implementing Active Discipline   + Create areas on the playground for the kids to be active in   + Partnering with SnapEd and Parks and Rec to be a resource * Lunchroom Culture   + Offering table caddies   + Changing the look of the lunchroom * Supporting the schools anyway we can   + Traveling trophy   + Being at events   + Coordinating fun runs   + Newsletters for teachers   + Videos for classrooms to use for Morning Movement and Brain Breaks   + Volunteer Events * 6 of 8 schools qualified for a Building Healthier Communities Grant * Applying for the Rover Wood Johnson Foundation Culture of Health Prize * Data Collection through Pacers, BMI, Attendance/Behavior through CISD | **Hughes and Walters would like a Mileage Club presentation at the school prior to Mileage Club kicking off in the spring.**  **BCCF/OF will contact with dates closer to Mileage Club start.** |
| 4:46 p.m. | 1. **Strategy Development Discussion**  * Track shared data   + Attendance Matters   + Compare BMI * Nutrition   + Kids eating healthier to serve healthier food   + Taste testing?   + Kids choosing healthier options   + Farm to Table initiatives   + Going beyond National Standard     - * Shared Menus * Recruiting   + Admin |  |
|  | 1. **Determine Priorities/Items for Next Meeting**    * **Possible October Topic Discussion** | **Will follow up with topics.** |
| 5:07 p.m. | 1. **Adjourn** | Next Meeting:  **Thursday, December 15, 2016 4-5 p.m. BCCF Community Room** |