

**School Wellness Advisory Meeting Summary**

**Meeting Date: May 19, 2016**

***Present:*** *Melinda Hautau, Kathy Glomski, Vicki Kramer, Sherry Palmer, Jessica Rauch, Sharron Davids, Angela Myers, Jasmine Morgan Shara Jamierson, Paul Yettaw, Glenn Noffsinger, Laura Reynolds, Kim Muggio, Anita Riddle, Robin Twiest, Niaka Dunbar, Kim DeVito, Anna Rogers, Danni Heddinger*

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| **Time** | **Agenda Item & Discussion Notes** | **Decisions/Next Steps** |
| **4:03 p.m.** | 1. **Welcome & Introductions**
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| **4:08 p.m.** | 1. **Review of April Meeting Minutes**
* Approval of the meeting minutes.
* The motion carried.
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| **4:12 p.m.** | 1. **Share Out- New Process from Last Meeting Topic**
* Cafeteria rules materials and tools
	+ Operation Fit well received at Pennfield Wellness Meeting
	+ Marshall Public Schools Walters and Hughes and all three Operation Fit schools received a Michigan Wellness Award
	+ Strawberry Milk and Fruit Punch removed from Pennfield lunch menus
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| **4:15 p.m.** | 1. **Namaste Way- Available Resources**
* Looking Back and Sharing Success
	+ Policies regarding food, celebrations, family events, and staff gatherings
	+ Engaging Parents
	+ Cafeteria as a Learning Lab
	+ Staff Wellness
		- Pennfield created a wellness committee and staff is really engaged
* Nutrition Education
	+ Organ Wise Guys
		- Full resource that focuses on the understanding of organs and parts of their body that pertain to nutrition
		- Has activities that go along with the lessons
		- Body Part of the Month
	+ Health Teacher (Online)
		- 8 kinds of teachings around health
	+ Institute for America’s Health
	+ Spark! (Balance My Day!)
	+ Kidshealth.org (free)
	+ Teachers Pay Teachers
		- Nutrition and movement education
* Movement
	+ Mindful Practices Book-Provides PD opportunity
	+ Tools for Schools: YogaKids-Provides PD opportunity
	+ Fit Deck
	+ Go Noodle
	+ Alliance for a Healthier Generation
* Peaceful School Culture
	+ Very important to children’s overall health in addition to movement and nutrition
	+ Helps kids identify with others and to be very accepting of others
	+ Responsive Classroom
		- Free news letter with different elements centered around changing your classroom to be more peaceful (K-5)
	+ Origins/Developmental Designs
	+ Disarming the Playground Book
	+ Creating a Culture of Peace
		- Guidebook that helps implement peaceful practices within the school and classrooms
	+ Ashoka Change makers: Start Empathy!
		- Guidebook with activities to change the dynamic of the classroom
* Namaste’s Institute
	+ June 13th and 14th
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| **4:37 p.m.** | 1. **Operation Fit Resources**
* Brain Breaks
* Ways to implement Morning Movement
* Trainings for staff
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| **4:39 p.m.** | 1. **SWP Evaluation Report**
* Annual Review
	+ Continually improve the program and find areas of need
* Executive Summary
	+ Partnership between many local agencies and businesses
* Program Growth
	+ Lots of growth among the number of school participating as well as number of nurses within the schools
* Accomplishments
	+ Building the program
	+ Leadership
	+ Investment in PD
	+ Providing services to students and the community as well as the implementation of MERT
* Challenges
	+ Nurse to student ratio (1:1146)
	+ Nurses covering multiple schools and trying to secure funding
* Recommendations
	+ Long-term staffing model that will allow more nurses within the schools
	+ Re-examine the discretionary medication policy
	+ FERPA vs. HIPAA
	+ Minimal facility standards (More appropriate space for the nurse)
	+ Find ways to get compensation for related school nursing services like IEP’s and procedures
	+ Support for SWP manager
* Site Visit to Hughes
	+ Many policies were put in place as well as training for staff and bus drivers regarding health conditions and emergency medications
	+ Secured health insurance for the uninsured
	+ Commitment to wellness, PD, and education
* Site Visit to Riverside
	+ Assessment of school health needs with the development of Emergency Care Plans and programs
	+ SWP website through the Lakeview School District
	+ Daily Visit book that tracks the early dismissal of students
	+ Health education to classrooms and involvement in IEP’s
* Recommendations
	+ Increase time in the building for nurses as well as a more appropriate area to help students
	+ Regular schedules meetings with principles to share stats and outcomes
	+ Consider a Peanut-Aware policy instead of a Peanut Free
	+ Contact Fire Marshal to be included in the evacuation plans of students
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| **4:53 p.m.** | 1. **Year End Feedback**
 | Sending out a survey for Year-End feedback  |
|  | 1. **Ideas For Next Year**
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| **4:55 p.m.** | 1. **Updates**
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| **5:00 p.m.** | 1. **Adjourn**
 | Next Meeting: Thursday, October 20, 2016 4-5 p.m. BCCF Board Room |