 

**Regional Health Alliance Choose Health Calhoun Meeting Summary**

**Meeting Date: 02/18/2014**

*Present: Karen Manning, David Walters, Angela Myers, Bill Greer, April Kuehn, Victoria Reese, Kristin Roux, Adam Dingwall, Jim Rutherford, Linn Kracht, Brenda Hunt*

*Guest: Denise Myers (Riverside Elementary)*

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| Time | Agenda Item & Discussion Notes | Decisions/Next Steps |
| 11:01 | Welcome & Introductions   * Ted called meeting to order. * Minutes were reviewed. Motion to approve by Karen Manning, supported by Adam Dingwall. |  |
|  | Review of Action Items   * Angie reviewed the action on the next steps. |  |
|  | Action Plan Topic: Clinical   * April presented on the work IHP is doing and how it relates to obesity prevention. * Mission is to improve access, cost effective, high quality health care. * Focus on this year’s Learning Collaborative is to look at strengthening the collaboration between offices. * Childhood obesity is a piece of the Patient Centered Medical Home Neighborhood. * Patient Registry tracking chronic disease. * A lot of education with physician offices to record BMI measurements is being done. * Barriers for recording obesity are patient identification and coding (primary diagnosis of obesity may not be paid for by health plans). * Any patient in the registry can have their information tracked over time. * Barriers for patient engagement: family orientation, cost or access to food and weight loss programs or gyms, real or perceived perception that services are not covered by insurance. * Follow-up is key for success with self-management. | * April passed out copies of the Community Resource Guide and an article by Rose Lovio, MD. * Choose Health Calhoun requested that IHP share any help CHC can be to the efforts. |
|  | Work being done: Schools (Riverside Elementary)   * Denise Myers reported on the wellness efforts that are being done at Riverside Elementary school. * There has been a school wide dedication to healthy treats. * The birthday books have been well received by parents and students. * Tasty Tuesday is being implemented at this time and there are hopes to expand it throughout the school. * Riverside does have a fresh salad bar. * PTA has jumped on board with efforts. * Their wellness group has become a team this year expanded to parents and the school nurse. * 53% of students are free or reduced lunch. | * Riverside would like to expand Tasty Tuesday, develop a farmer’s market, and create a children’s garden. * They would also like to educate the parents on how to prepare healthy food. |
|  | January 25th Childhood Obesity Brunch Recap | * Tabled for next meeting |
|  | Choose Health Calhoun 2014 Action Plan Review   * Angie reported on steps towards action. |  |
|  | Roundtable Updates   * Ribbon Cutting 4:30 at 150 S. Kendall for the opening of the Care Here Health and Wellness Center * Calhoun County Trail way alliance will have their ground breaking in the next couple months. |  |
|  | Future Agenda Topics   * March – Battle Creek Chamber of Commerce Worksite Wellness Taskforce |  |
| 12:15 | Adjourn |  |