 

**Regional Health Alliance Choose Health Calhoun Meeting Summary**

**Meeting Date: 02/18/2014**

*Present: Karen Manning, David Walters, Angela Myers, Bill Greer, April Kuehn, Victoria Reese, Kristin Roux, Adam Dingwall, Jim Rutherford, Linn Kracht, Brenda Hunt*

*Guest: Denise Myers (Riverside Elementary)*

|  |  |  |
| --- | --- | --- |
| Time | Agenda Item & Discussion Notes | Decisions/Next Steps |
| 11:01 | Welcome & Introductions* Ted called meeting to order.
* Minutes were reviewed. Motion to approve by Karen Manning, supported by Adam Dingwall.
 |  |
|  | Review of Action Items* Angie reviewed the action on the next steps.
 | *
 |
|  | Action Plan Topic: Clinical* April presented on the work IHP is doing and how it relates to obesity prevention.
* Mission is to improve access, cost effective, high quality health care.
* Focus on this year’s Learning Collaborative is to look at strengthening the collaboration between offices.
* Childhood obesity is a piece of the Patient Centered Medical Home Neighborhood.
* Patient Registry tracking chronic disease.
* A lot of education with physician offices to record BMI measurements is being done.
* Barriers for recording obesity are patient identification and coding (primary diagnosis of obesity may not be paid for by health plans).
* Any patient in the registry can have their information tracked over time.
* Barriers for patient engagement: family orientation, cost or access to food and weight loss programs or gyms, real or perceived perception that services are not covered by insurance.
* Follow-up is key for success with self-management.
 | * April passed out copies of the Community Resource Guide and an article by Rose Lovio, MD.
* Choose Health Calhoun requested that IHP share any help CHC can be to the efforts.
 |
|  | Work being done: Schools (Riverside Elementary)* Denise Myers reported on the wellness efforts that are being done at Riverside Elementary school.
* There has been a school wide dedication to healthy treats.
* The birthday books have been well received by parents and students.
* Tasty Tuesday is being implemented at this time and there are hopes to expand it throughout the school.
* Riverside does have a fresh salad bar.
* PTA has jumped on board with efforts.
* Their wellness group has become a team this year expanded to parents and the school nurse.
* 53% of students are free or reduced lunch.
 | * Riverside would like to expand Tasty Tuesday, develop a farmer’s market, and create a children’s garden.
* They would also like to educate the parents on how to prepare healthy food.
 |
|  | January 25th Childhood Obesity Brunch Recap | * Tabled for next meeting
 |
|  | Choose Health Calhoun 2014 Action Plan Review* Angie reported on steps towards action.
 |  |
|  | Roundtable Updates * Ribbon Cutting 4:30 at 150 S. Kendall for the opening of the Care Here Health and Wellness Center
* Calhoun County Trail way alliance will have their ground breaking in the next couple months.
 |  |
|  | Future Agenda Topics* March – Battle Creek Chamber of Commerce Worksite Wellness Taskforce
 |  |
| 12:15 | Adjourn |  |